



APPLICATION GUIDE

Peptide Basic Beauty Set

The set contains products with high concentrations of active ingredients – 95% of natural origin and enriched with fish collagen peptides.

Your skin needs time to get used to them – especially if you've previously used products from other brands.

To avoid irritation, itching, or swelling, start introducing changes to your skincare routine gradually.

Discontinue using products from other brands and slowly incorporate Larens cosmetics into your routine.

Check how to do it!





Step 1. Cleansing

COLLAGEN PEPTIDE FACE & BODY WASH

- ✓ Start your skincare routine with this as the first product from the set.
- ✓ For the first two weeks, use it 3 times a week in the evening.
- ✓ After washing your face, rinse off any residue with running water and pat your skin dry with a towel.



Step 2. Toning

FACE TONER PEPTIDE BASIC

- ✓ Introduce it 2 weeks after you start using the set.
- ✓ In the beginning, use it 3x a week after washing your face in the evening. Then, start cleansing and toning also in the morning (on days when you don't use the set in the evening).
- ✓ After applying the toner, pat it into the skin – you may feel a slight tingling sensation.



Step 3. Peptide serum

BIOPEPTIDE SERUM SPRAY

- ✓ Use it daily from the very beginning of your skincare routine.
- ✓ It will help your skin adjust to the new regimen, soothe irritation, and activate protective HSP (Heat Shock Proteins) in your skin.



Step 4. Eye care

EYE SERUM PEPTIDE BASIC

- ✓ Start using it 2 weeks after you begin using the Beauty Set.
- ✓ Apply a thin layer to the skin around your eyes and gently pat it in.
- ✓ Monitor your skin for any signs of irritation.



Step 5. Deep hydration with anti-ageing effect

HYDRO FACE CREAM PEPTIDE BASIC

- ✓ You can use it from the very beginning of your skincare routine – start with once a day, then move on to both morning and evening use.
- ✓ Experience a concentrated response to your skin's most important need – high-quality, long-lasting hydration.

A skincare routine with fish collagen peptides requires patience and consistent steps.

By introducing the skincare products gradually, you'll achieve results within a month – clearer and well-hydrated skin.